

## BABEȘ-BOLYAI UNIVERSITY



# CODRUȚA-FLORINA BONTA

*Assistant professor, PhD student*

## 1. PERSONAL INFORMATION

- Contact information
  - **Email:** codruta.bonta@ubbcluj.ro
  - **Phone:** 0754012953
  - **Institutional address:** No. 4 Mihail Kogălniceanu Street, Cluj-Napoca, Romania
- Website or academic profiles
  - **ORCID:**
  - **ResearcherID:**

## 2. RESEARCH INTERESTS

- Acting methods and teaching acting
- Performance studies
- Autofictional theatre
- Public speaking techniques

## 3. ARTISTIC STATEMENT

My artistic and academic interests focus on autofictional theatre, independent theatre practices, and the exploration of diverse contemporary theatrical forms. I am particularly interested in actor training pedagogy and in the relationship between artistic practice and educational processes. I am also drawn to public speaking and academic debating as spaces where ideas can be articulated, challenged, and refined, fostering meaningful dialogue between artistic creation and critical reflection.

## 4. EDUCATION

- 2024 – present **PhD Student in Theatre and Performing Arts**. Faculty of Theatre and Film, Babeș-Bolyai University, Romania. Thesis: Autofiction in theatre. Coordinator: Oltița Cîntec
- 2022 – 2024 **MA in Theatre Arts (Acting)**. Faculty of Theatre and Film, Babeș-Bolyai University, Romania. Dissertation: The importance of improvisational techniques in maintaining the creative “health” of the actor.
- 2019 – 2022 **BA in Performing Arts (Acting)**, Faculty of Theatre and Film, Babeș-Bolyai University Romania. Dissertation: Character role. Techniques and methods of development.

## 5. ACADEMIC POSITIONS & EMPLOYMENT

- 2025 – present **Assistant professor, PhD student**. Faculty of Theatre and Film, Babeș-Bolyai University, Romania.
- 2025–present **Vice-President**, MAIDAN Creative Center Association

2022–present **Co-Manager**, MAIDAN Creative Center, Cluj-Napoca

## 6. PUBLICATIONS

### 6.1. Books

### 6.2. Edited books

### 6.2. Peer-reviewed journal articles

### 6.3. Book chapters

### 6.4. Other publications (reviews, essays, blogs, etc.)

Bonta, Codruța-Florina. "Excerpts from a research experience" *GraFIT*, Year V (2025): 31-32

Bonta, Codruța-Florina. "Excerpts from a research experience" *LiterNet* (2025)

<https://agenda.liternet.ro/articol/30227/Catalin-Mihai-Pecingine-Badescu/Fragmente-dintr-o-experienta-de-cercetare-Mind-the-Gap-Echoes-from-the-Archive.html>

## 7. ARTISTIC PRACTICE

### 7.1. Artistic Production Credits

#### 2025

**Actress.** Adrian Sitaru. "About Memories and Other Small Things". Directed by Adrian Sitaru, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, December 17, 2025.

**Actress.** "Kapnobatai". Directed by Mihai Gligan, performed by Codruța Bonta and others. "Aureliu Manea" National Theatre, Turda, October 25, 2025.

**Actress.** Diana Aldea. "Rock–Paper–Scissors." Directed by Diana Aldea, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, September 28, 2025.

**Actress.** Vlad Sălbatecu. "Freud's Carpet". Directed by Mihai Gligan, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, March 21, 2025.

**Actress.** Diana Aldea. "Aurora's Wedding". Directed by Diana Aldea, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, December 15, 2025.

#### 2024

**Actress.** Diana Aldea. "Heblu". Directed by Diana Aldea, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, July 5, 2024.

**Actress.** Thomas Eccleshare. "Instructions for Correct Assembly". Directed by Mihai Gligan, performed by Codruța Bonta and others. Teatrul Tineretului, Piatra Neamț, March 10, 2024.

**Actress.** Adrian Teleșpan, Diana Aldea. "The Cemetery". Directed by Diana Aldea, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, March 23, 2024.

#### 2023

**Actress.** Diana Aldea. "The Girl from the CLOUD". Directed by Diana Aldea, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, November 13, 2023.

**Actress.** Vlad Sălbatecu. “gen.snowflake”. Directed by Mihai Gligan, performed by Codruța Bonta and others. “Marin Sorescu” National Theatre, Craiova, June 16, 2023.

**Actress.** Nick Payne, Vlad Sălbatecu. “Constellations.” Directed by Mihai Gligan, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, May 4, 2023.

**2022**

**Actress.** Diana Aldea. “Disneilend.” Directed by Diana Aldea, performed by Codruța Bonta and others. MAIDAN Creative Center, Cluj-Napoca, November 19, 2022.

## **7.2. Artistic Residencies & Workshops**

**2024**

Theatrical workshop, Teatrul Tineretului Piatra Neamț (January 2024)  
*Within this workshop coordinated by Bogdan Zamfir, I explored the theme of the actor’s authenticity on stage through applied exercises.*

**2023**

Residency at “Marin Sorescu” National Theatre, Craiova (March 2023 – June 2023)  
*Under the mentorship of Bobi Pricop, I explored various techniques and forms of contemporary theatre, starting from the question “What is specific to contemporary theatre?”. Through improvisation and group feedback sessions, we created, at the end of the residency, the performance “gen.snowflake.”*

**2022**

Film acting workshop, Faculty of Theatre and Film, Babeș-Bolyai University (2022)  
*In the workshop led by actress Ioana Flora, held during the film camp organized by the Faculty of Theatre and Film, I explored acting techniques for film, studied the casting process, and created a self-tape under the guidance of the coordinator.*

Film acting workshop, Faculty of Theatre and Film, Babeș-Bolyai University (2022)  
Alina Grigore (2022)  
*In the workshop led by film actress Alina Grigore, I explored techniques specific to acting for film and studied couple scenes from films together with fellow actors and directors.*

**2021**

Voice Flow Workshop, Faculty of Theatre and Film, Babeș-Bolyai University (2021)  
*In the workshop led by Jarek Sacharski, I learned vocal training techniques for improving stage performance and maintaining the health of the vocal apparatus.*

**2019**

Meisner technique acting workshop, Faculty of Theatre and Film, Babeș-Bolyai University (2019)  
*In the workshop led by Mihaela Sîrbu, I learned the basics of the Meisner technique and practiced exercises specific to it.*

Commedia dell’Arte workshop, Faculty of Theatre and Film, Babeș-Bolyai University (2019)

*In the workshop led by Gaspare Nasuto, I worked on specific techniques of mask theatre and commedia dell'arte and explored, through practical exercises, methods for constructing the character of Pulcinella.*

## 8. GRANTS, FELLOWSHIPS & AWARDS

- 2023 - First Prize for Female Performance – Serile Teatrului Studențesc 2023, professional section, for the role of Găbița in "Disneilend", directed by Diana Aldea.
- 2022 - First Prize for Female Performance – Serile Teatrului Studențesc 2022, students section, for the roles The Woman Who Leaves and Corina in "CRONIC", after "The Reunification of the Two Koreas" by Joël Pommerat, directed by Filip Odangiu, Sinkó Ferenc, Diana Aldea.
- 2022 - First Prize for Female Performance – Turda International Theatre Festival 2022, for the roles The Woman Who Leaves and Corina in "CRONIC", after "The Reunification of the Two Koreas" by Joël Pommerat, directed by Filip Odangiu, Sinkó Ferenc, Diana Aldea.

## 9. CONFERENCES & PRESENTATIONS

### 2026

Bonta, Codruța-Florina. "Dialogue – The Transition from Studies to Practice in the Independent Cultural Sector". Conference during FRAME University Festival of Theatre and Film, Faculty of Theatre and Film, Babeș-Bolyai University, Cluj-Napoca, May 2026.

## 10. TEACHING EXPERIENCE

**Vocal expression training.** BA Level. In this course, students learn to use vocal techniques to support various types of public speeches, such as informative, persuasive, or argumentative ones. They learn how to adapt their voice, pace, and intonation according to the purpose of the speech and the audience.

**Stage Improvisation.** BA Level. The course ensures the understanding and application of improvisation principles as a foundation of acting. It develops improvisational ability, and teaches students how to use the improvisational "offer – counteroffer" relationship in the creative scenic dialogue with themselves, their scene partners, and the environment.

## 11. THESIS AND DISSERTATION SUPERVISION

## 12. SERVICE TO THE PROFESSION

### 12.1. Journal editorial roles, peer review experience

### 12.2. Conference organization

### 12.3. Memberships in professional associations

**Vice-President**, MAIDAN Creative Center Association (2025–present)

## 13. OUTREACH & PUBLIC ENGAGEMENT

### 13.1. Public lectures, interviews, media appearances

## 13.2. Community engagement projects

### 2026

Member of the artistic team of the Project „Imaginarul violent al românilor sau Despre puterea cuvântului " - under implementation -, produced by Centrul de Creație MAIDAN, co-financer by Administrația Fondului Cultural Național session I/2026.

### 2025

Member of the artistic team of the Project „Despre amintiri și alte lucruri mărunte ", produced by Centrul de Creație MAIDAN, co-financer by Administrația Fondului Cultural Național session II/2025.

Member of the artistic team of the Project „Flux. Școală de vară pentru actori profesioniști" - under implementation-, produced by Centrul de Creație MAIDAN, co-financer by Administrația Fondului Cultural Național session I/2025, Budget 47.000 €.

### 2024

Member of the artistic team of the Project "Nunta AUROREI", produced by Centrul de Creație MAIDAN, co-financed by Administrația Fondului Cultural Național, session II/2024 Budget 44.000 €.

Member of the artistic team of the Project "Vorbește-mi despre mine!", produced by Centrul de Creație MAIDAN, co-financed by Administrația Fondului Cultural Național, session I/2024 Budget 44.500 €.

Member of the artistic team of the Project "Heblu. Proiect dedicat comunității nevăzătorilor", produced by Centrul de Creație MAIDAN, co-financed by Administrația Fondului Cultural Național session I/2024 Budget 43.300 €.

### 2023

Member of the artistic team of the Project " Emigrant!?", produced by Centrul de Creație MAIDAN, co-financed by Administrația Fondului Cultural Național session I/2023.

Member of the artistic team of the Project „Fata din CLOUD”, produced by Centrul de Creație MAIDAN, co-financed by Administrația Fondului Cultural Național session I/2023.

### 2022

Member of the artistic team of the Project "Prin vocea ta", co-financed by Administrația Fondului Cultural Național session II/2022 Budget 30.100 €.

Member of the artistic team of the Project „360°- Art Debate”, co-financed by Administrația Fondului Cultural Național session II/2022.